



North Antrim GAA

NORTH ANTRIM INDOOR HURLING LEAGUE RULES

AMENDED - JAN 2018

- Ground Hurling only. Sliotar may not be caught, lifted or handled by any outfield player
- Pre-match warm-ups or huddles are not allowed
- Helmets must be worn and only indoor sliotars and white bas indoor hurls used
- Goal keepers may handle the sliotar but he/she must play it on the floor immediately
- Goal keepers may not score from puck out
- During the goal keeps put outs, his/her defenders may not deliberately impede the opposing forward. Action: Penalty from the 10-metre line
- Goal keeps may not go outside the semi-circle. Action: Penalty from the 10-metre line
- Only goals will count as scores
- No deliberate stopping or kicking of the sliotar with the foot by an outfield player. This effectively means that goalies will be allowed to use feet to control the ball
- No body contact allowed
- Rebounds from the side walls, end walls etc. are allowed
- Goal keeps must release the sliotar from the semi-circle without delay
- Defenders may enter the semi-circle but must release the sliotar without delay
- Defenders and outfield players may not play the sliotar to their goal keeper. Action: Penalty from the 10-metre line
- Defenders and outfield players may not deliberately take the sliotar into their own semi-circle. Action: Penalty from the 10-metre line
- Forwards may not enter the semi-circle. Action: Free from where the foul was committed
- All puck outs, free etc. to be taken off from the floor
- Sin Bin: 2 minutes' duration will apply with no substitutes allowed (Foul Language, Persistent Fouling)

CO-ORDINATORS DECISION IS FINAL IN ALL MATTERS

All disciplinary matters are at the discretion of the committee in charge,
acceptance of this is part of the entry